

R. CLAYTON MCKEE: FOR THE CHRONICLE

Master Tan Lu Hong leads a stretching meditation during a class on meditation for stress relief and general health at the Center Point Project.



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Master Tan Lu Hong demonstrates the location of a pressure point on the left hand during a class on meditation for stress relief and general health at the Center Point Project.



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Edward Batten, far left, Peter Pham, and Hien Vu, practice breathing exercises as Mary Dickinson gets a check from Master Tan Lu Hong during a meditation class at the Center Point Project.



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Sony Vo practices a stretching mediation as Master Tan Lu Hong checks his postion during a class on meditation for stress relief and general health at the Center Point Project.

## Sources:

 $\underline{http://www.chron.com/news/community/memorial/}$ 

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